Golden Path Academy

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Italian Vegetable Ball Sub; Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	House-Made Creamy Whole Grain Chicken Penne Alfredo ½ c Two Way Hot Mixed Vegetables ½ c; Veggie: Whole Grain Penne Alfredo Fresh or Chilled Fruit	Whole Grain Breaded Cheese Ravioli Dippers w/ Marinara 5 ea Two Way Blend Vegetables ¼ c Veggie: Breaded Cheese Ravioli Dippers w/ Marinara Dip Fresh or Chilled Fruit
7	8	9	10	11
Labor Day Holiday School Closed to Students	Teriyaki Chicken Strips 2 oz w/ Whole Grain Rice ¼ c Hot Cooked Baby Peas ¼ c Veggie: Veggie Teriyaki Glazed Chik Strips Fresh or Chilled Fruit	"Breakfast For Lunch" Whole Grain Wafles 2 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Whole Grain Chicken & Cheddar Cheese Quesadilla 1ea Hot Green Beans ¼ c Veggie: Whole Grain Cheddar Cheese Quesadilla Fresh or Chilled Fruit
14	15	16	17	18
Whole Grain Breaded Chicken Tenders 3 ea Hot Diced Carrots ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Shredded Mozzarella Cheese Five-Way Hot Mixed Vegetables ½ c; Veggie: Cheesy Baked Ziti; Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea and Gravy over Mashed Potatoes ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing; Veggie: Veggie Balls Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Fresh Green Beans ¼ c Veggie: Morningstar Garden Burger Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Sweet Yellow Corn ¼ c Veggie: BYO Pizza Fresh or Chilled Fruit
21	22	23	24	25
Southern Mini Whole Grain Turkey Corn Dog Nuggets 4 ea Hot Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c; Two Way Mixed Diced Carrot & Peas Veggies ¼ c; Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Seasoned Beef Taco 2 oz Whole Grain Tortilla 1 ea w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Tortilla Fruit or Chilled Fruit	Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c California Blend Vegetables ¼ c Veggie: Garlic Butter Sauce Rainbow Tortellini; Fresh Fruit
28	29	30		
Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Hot Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea California Blend Vegetables ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Hawaiian Glazed Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c Fresh Green Beans ¼ c Veggie: Veggie Chick w/ Rice Fresh or Chilled Fruit	All Lunches Served with a Fresh Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Orange Wedges, Pineapple	SHG is an equal opp. provider. All meals conform to grain requirements of ½ oz equivalent.